Falkland Islands Holdings plc

("FIH", the "Company" or the "Group")

Director's Dealings

Falkland Islands Holdings plc, the AIM quoted international group which owns essential services businesses focused on retail, transport and logistics announces that on 15 June 2016, the Managing Director, Mr. John Foster exercised nil cost options ("options") to acquire 4,000 ordinary shares of 10 pence each in the Company, under the terms of the Group's Long Term Incentive Plan. These shares will be transferred from the Employee Share Ownership Plan.

Following this award, the underlying beneficial ownership of shares held by Mr. Foster, including 681 matching shares from the Group's Share Incentive Plan, was 76,830 shares representing 0.62 per cent. of the Company's 12,431,623 total voting rights,

Enquiries:

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