

**17 June 2016**

Falkland Islands Holdings plc

("FIH" or "the Company")

Directors Dealings

Falkland Islands Holdings plc, the AIM quoted international group which owns essential services businesses focused on retail, transport and logistics announces that under the terms of the Group's Long Term Incentive Plan, the Managing Director, Mr. John Foster was today granted 18,817 nil cost options ("Options") in Falkland Islands Holdings plc, at a price of 186 pence, being the average of the Company's closing share price for the preceding three business days.

The Options were approved by the Remuneration Committee in May 2016 and will vest in three equal tranches on the first three anniversaries of the date of grant and to the extent not exercised shall lapse on the fourth anniversary of the date of grant, provided Mr. John Foster remains in employment. The number of Options granted was calculated based on the £35,000 of his bonus awarded as Options, divided by the 186 pence average share price over the preceding three days.

These Options are not deemed to represent a beneficial holding until the vesting conditions linked to continued employment have been met.

The underlying beneficial ownership of shares held by Mr. Foster, excluding this award but including 681 matching shares from the Group's Share Incentive Plan, was 76,830 shares representing 0.62 per cent. of the Company's 12,431,623 total voting rights.

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